**Dr. SULMAN AHMED** MBBS (syd.) MS (syd.) FRACS 40 Colless Street

Hepatobiliary & General Surgery Penrith NSW 2750

Gastroscopy • Colonoscopy • Laparoscopic Hernia • ERCP Ph (02) 4721 7533

Nepean Public and Nepean Private Hospitals

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**ENDOSCOPY- usually day procedure**

**Colonoscopy Gastroscopy**



**Preparation:**

* **7 days prior to the procedure you are required to stop Aspirin, Fish Oil, Glucosamine and all other natural blood thinning agents.**
* **1-2 days before: Bowel prep eg. Picoprep, Picolax or Moviprep -instructions overleaf**
* **Make sure your bowel motions are becoming clear - you may require extra prep!**
* **Routine biopsies may be taken and also a check for Helicobacter Pylori is done.**
* **If haemorrhoids are suspected Dr Ahmed will usually place rubber bands.**
* **See Dr Ahmed in rooms 3weeks after procedure/s to discuss results.**

**RISKS:**

* **Incomplete exam – This may occur if I cannot pass the scope through to the end of the lower bowel - X-ray test (Barium enema or CT colonography)**
* **Perforation (1/1000) – This is a hole in the bowel. It can be caused by the procedure, from removing polyps or entering a diverticulum or going through tight bends- this may need surgery**
* **Bleeding (rare) usually from removing large polyp usually on the right side of the colon.**